Hello, it is my second post here 😊 I am a software development student in Europe and a vegan for the last 3 years. For one of my university projects, I am seeking some information from other vegans about their beginner experience (I always try to tie my projects with topics that are interesting and important to me).   
Therefore, if You could please help me out and answer the questions below. There are no wrong answers just need some insight and would love to learn about Your first experiences:   
  
1. What were the main reasons for deciding to live a vegan lifestyle?   
2. What was the final ‘push’ that tipped you over or inspired to make the change?  
3. What were the initial challenges or difficulties at the early stages of your vegan journey?\*  
4. How did you know what to cook for yourself back then?   
5. Did you find it difficult to identify vegan products in grocery stores?  
  
\*most important question, please feel free to expand 💟  
Your replies are much appreciated and will help me in my app development process.